

Held by Heaven, Forever Loved

by Babe Jimay L. Mauanay

I did not know
a heart could be carried
without ever being held.

Once, two lines meant forever—
a quiet promise
growing beneath my own.

Not one,
but two small lives
I called my angels.

Eighteen weeks—
then silence
where a heartbeat used to sing.

Still, hope found me again
in trembling hands
and two red lines
that felt like light returning.

But twenty weeks later,
grief came softly—
in crimson traces
I could not keep from falling.

So, I let go
and placed you
in God's hands
when mine could no longer hold.

I may not have carried you
into this world,
but you carried me
into a love
that does not end.

And now—
I carry your heart with me
in every prayer,
in every quiet breath,

on December 23—
when the world is wrapped in light,
and on November 14—
in the hush of a fading year,

I pause
not only to grieve,
but to remember
how deeply I was blessed
to have loved you.

For you are not gone—
you are my forever
guardian angels,

watching,
guiding,
loving me still
from heaven.



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